



COHORT

DETAILS & ELIGIBILITY

GENERAL COHORT INFORMATION

- This is a 9-week art program for survivors of sexual violence
- This cohort will be comprised of six 18-25 aged survivors and six 55+ aged survivors
- This cohort is focused on co-generational healing from sexual violence
- This cohort is extremely collaborative and will pair up one younger and one older survivor in workshops for there to be exchange and collaboration
- No art or creative experience is required! Our hope is to equip you with new artistic skills so that you can practice artmaking as a healing modality on your own terms.
- The curriculum includes 7 survivor-informed art workshops facilitated by teaching artists. Workshop mediums include mixed media, papermaking, relief printmaking, sculpture, weaving, installation art, and a closing workshop for reflections
- All workshops are free. Supplies, light snacks, and beverages are provided.
- The program ends with a collaborative group art installation made from materials created in the workshops
- There is a public art walkthrough event in which cohort participants are invited to share their work with visitors
- Cohort members receive expanded access to Awakening art studio

ELIGIBILITY REQUIREMENTS

Individuals who are interested in applying for participation in the Awakenings Cohort program need to meet the following criteria:

- Be 18-25 or 55+ years old
- Be a survivor of sexual violence or someone who has been affected by sexual violence.
- Have a support network. We consider a support network to be two or more people you can turn to for encouragement, advice, and you can rely on for acute and chronic needs. Think of folks whom you trust.
- Be curious and hopeful about healing through art.





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- Have attended an Awakenings workshop in-person or online within the past two years.
- Be available for all required events. A cohort member can miss up to 1 required event as long as they make up the absence at an Awakenings Open Studio or Awakenings Workshop and use the provided materials to try the workshop material.

