

COHORT DETAILS & ELIGIBILITY

GENERAL COHORT INFORMATION

- This is an 9-week art program for survivors of sexual violence
- No art or creative experience is required! Our hope is to equip you with new artistic skills so that you can practice artmaking as a healing modality on your own terms.
- The curriculum includes 7 survivor-informed art workshops facilitated by teaching artists. Workshop mediums include mixed media, papermaking, relief printmaking, sculpture, weaving, installation art, and a closing workshop for reflections
- All workshops are free. Supplies and light snacks and beverages are provided.
- The program ends with a collaborative group art installation made from materials created in the workshops
- There is a public art walkthrough event in which cohort participants are invited to share their work with visitors
- Cohort members receive expanded access to Awakening art studio

ELIGIBILITY REQUIREMENTS

Individuals who are interested in applying for participation in the Awakenings Cohort program need to meet the following criteria:

- Be 17 years or older
- Be a survivor of sexual violence or someone who has been affected by sexual violence.
- Have a support network. We consider a support network to be two or more people
 you know who you can turn to for encouragement, advice, and who you can rely on
 for acute and chronic needs. Think of folks whom you trust.
- Be curious and hopeful about healing through art.
- Have attended an Awakenings workshop in-person or online within the past two years.
- Be available for all required events. A cohort member can miss up to 1 required event as long as they make up the absence at an Awakenings Open Studio or Awakenings Workshop and use the provided materials to try the workshop material.

